



Listening Hands
PHYSICAL THERAPY

Why Us?

Listening Hands Physical Therapy was founded on the premise that all human beings have untapped existing potential. With that premise in mind, the treatment is dedicated to assist the patient to attain the highest level of function possible regardless of their symptoms or diagnosis.

Speciality Areas: Pain Management, Sports Injuries, Women's Health, Pre and Post Surgical Rehab



What Is FMT?

Functional Manual Therapy® is an approach specializing in whole body care that seamlessly integrates evaluation and treatment for mobility issues of joints, soft tissues, viscera, and neurovascular structures. This Mechanical treatment is complemented with specific motor control techniques to enable each person to perform skillful and efficient movement and/or assume optimal Posture. FMT is the cornerstone of the Listening Hands approach as it gives a better outcome for most patients.

We Treat...

- SCIATICA & BACK PAIN
- NECK PAIN
- HIP & KNEE PAIN
- PELVIC PAIN
- SHOULDER PAIN
- PREGNANCY & POST PARTUM
- FOOT & ANKLE PAIN
- SCOLIOSIS

**Book 1 on 1
60 minute
sessions with
Isha**

Live at your physical best. Take advantage of a complimentary 30 minute physical therapy consultation with hands on treatment, discussing your injury and/or goals

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